



Raising FUNDS to  
find a CURE for  
FSH Muscular Dystrophy

**Join the Pacific Northwest Chapter's  
Virtual Walk & Roll!**  
[FSHDSociety.org/PacificNW](https://FSHDSociety.org/PacificNW)  
Bringing people together, even as we remain  
socially distant.

**September 12, 2020**



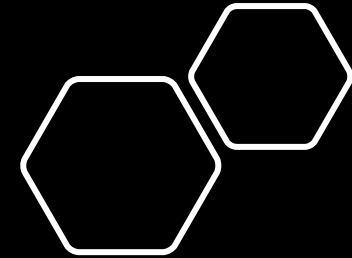
Funds raised support the FSHD Society,  
a 501(c)(3) non-profit dedicated to  
empowering patients while accelerating  
progress toward treatments and a cure  
for facioscapulohumeral muscular  
dystrophy (FSHD), one of the most  
prevalent forms of muscular dystrophy.



**FSHD SOCIETY** [FSHDSociety.org/PacificNW](https://FSHDSociety.org/PacificNW)  
#PNWFSHDWalkRoll

**NATIONWIDE | SEPTEMBER 12, 2020**

# PNW Chapter Meeting August 29, 2020



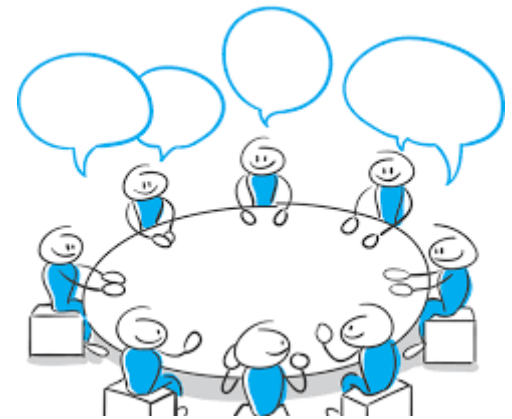
# Today's Topics



## Walk n Roll Updates

- Thank yous
- T-shirts
- How you can help
- Events for the day

## Roundtable - First freedoms after covid 19



How Are We Doing ??



PACIFIC NORTHWEST WALK & ROLL TO CURE FSHD  
SUPPORTING FSHD SOCIETY



15 People have registered

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5 Teams have registered

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\$7,780 Raised

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55 Donations

# THANK YOU!

- Susie, Ranae, and Bob for helping make our PNW Awards line up really special!



**Zetterberg Custom  
Homes & Remodeling**

*A Family Tradition Since 1969*





## YOUR QUESTIONS ABOUT REGISTRATION?

- Have you registered for the Walk & Roll??
- <https://p2p.onecause.com/pnwwalkroll>

**VIRTUAL**  
2020 WALK & ROLL



**TO CURE FSHD**

## T-SHIRT update –

T-shirts will be given to EVERY participant, regardless of donation amount!

T-Shirt Pick Up or Delivery –

## What you can do to help expand support for our event ??

- Post a picture or video on Social Media

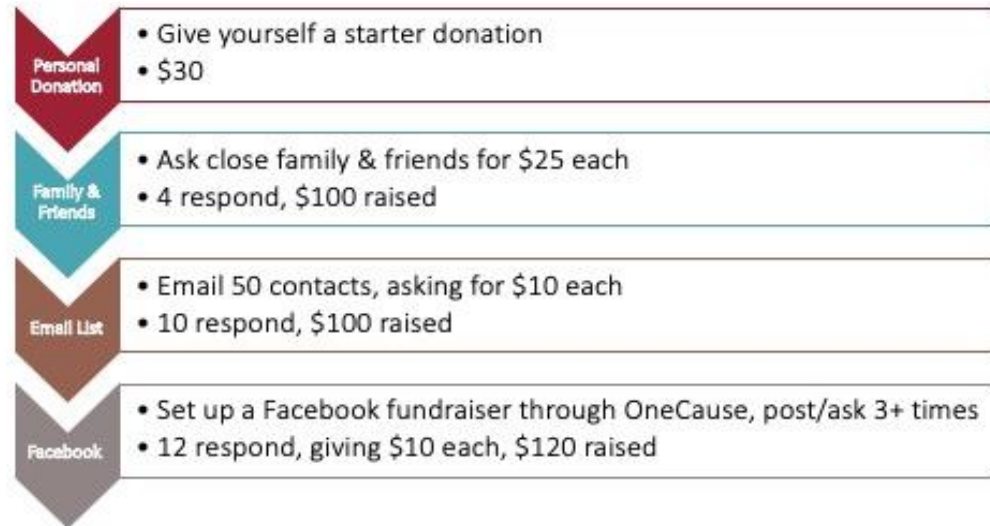


- Talk with your friends about the event,
- send personal notes.
  
- shirts will be given to EVERY participant, regardless of donation amount.  
Start posting pictures of your team members once you get them!

Small choices  
can make a  
big  
difference!



## How to Raise \$350 in 4 Days



**\$350  
Raised!**



Facebook Live Event – 7am-11am, Pacific time

How can you help? - Listen in and be active during the event.

- Make posts that have a minimum of 3 words so that they will be spread to all your Facebook connections.
- PNW Chapter will recognize our sponsors and supporters around 10am. Max Adler will be on from 9-10am.





# Sharing First Freedoms after COVID-19.

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**FSHD** SOCIETY  
LIGHTING THE WAY TO A CURE

The logo for the FSHD Society features the acronym 'FSHD' in a large, bold, dark red font. A stylized torch with a red handle and a blue and red flame is positioned behind the 'S'. To the right of 'FSHD', the word 'SOCIETY' is written in a teal, sans-serif font. Below 'SOCIETY', the tagline 'LIGHTING THE WAY TO A CURE' is written in a smaller, dark grey, sans-serif font.





Chapter Contact Info:

Chapter email:

[PacificNWChapter@fshdsociety.org](mailto:PacificNWChapter@fshdsociety.org)

Link to Chapter Page:

<https://www.fshdsociety.org/connect/local-chapters/pacific-northwest-chapter/>

Link to Chapter Facebook:

<https://www.facebook.com/FSHDSocietyPacificNorthwest/>

Thank you for joining us today!