List of some Walkers, Rollators, Manual or Power Wheelchairs including Off Road

Rollators / Walkers

Note: Walkers are generally known as a frame with 2 wheels at the front (or no wheels at all). Rollators have 4 wheels (and can also refer to 3 wheeled models). However, some countries use "walker" to refer to any of the above. The term "rollator" is being used more than in the past.

mylifeglider.com

This walker is designed as a "behind" rollator. Rather than pushing a walker in front of you, you stand into the frame which is behind you.

www.stander.com

Check out the brake bar on Item#4500 (<u>Let's Go Indoor Rollator</u>). Some people with FSHD may find a bar brake easier to use than hand brakes particularly if one's hands are getting weaker. Other modern looking models include the <u>Let's Fly</u>, <u>Let's Shop</u> and <u>Easy Fold-N-Go Rollators</u>. Stander also carries some more traditional rollators.

www.rollatorcanada.ca

Look at the <u>Rollz Motion 2</u> which is a basic rollator and wheelchair combined as one product. There are several other items listed under <u>ByVelo</u> that look interesting. Check out <u>Carbon</u> <u>Ultralight</u> (10.6 pounds), <u>Overland</u>, & <u>Scandinavian Butler</u> models. Also, do a search on this site for <u>All-Terrain 2-in-1</u> which is good on uneven surfaces. If you're interested in going for a bike ride (with someone else pedalling), look up <u>Van Raam</u>. And, last but not least, look up <u>Rollz Motion Electric</u>. This is available in several European countries already and the company expects this rollator/electric chair to be introduced in many other countries soon.

Also do searches for a <u>Stella rollator/wheelchair or an Airgo Fusion</u> <u>2 in 1</u>. These are listed at several mobility store websites.

Some other basic walker/rollators include the <u>Nexus 1 Rollator</u>, <u>Xpresso Walker</u>, & <u>Airgo</u> <u>EXcursion Rollator</u>. (Search online for more information).

<u>DeBug Mobility Products</u> carries an <u>All Terrain Folding Aluminum Beach Walker</u>! Search for it at: <u>beachwheelchair.com</u> (To navigate their site, type in name of product in the search box).

Wheelchairs: transfer &/or manual

Some people with FSHD find it handy to use a transfer wheelchair that is lightweight, fits easily into a vehicle, and can be pushed by another person. Others who have FSHD may find a manual wheelchair useful. However, if shoulder weakness is progressive, using a manual wheelchair may not be good in the long term. Overuse of shoulder muscles can result in rotator cuff injuries which may take a long time to heal.

Actual websites for transfer or manual chairs aren't listed here as there is information about these chairs at several of the websites listed elsewhere in this document.

Wheelchairs: power / lighter weight / fold up or take apart

https://www.fshdsociety.org/2021/02/22/folding-lightweight-travel-power-wheelchairs/

This is an excellent article well worth reading. The author mentions how she "names" her mobility aids—-something others also do! Most of these wheelchairs are great for travel including air travel. They are not "all terrain" chairs though. Due to their lighter weight, they are best for sidewalks, other level smooth areas, & for using in shopping malls, restaurants, museums, art galleries etc. It is important to check (before purchasing) how well a specific lightweight wheelchair is able to navigate slopes, slants and curbs (ie over 2").

https://travelbuggy.com/

The Travel Buggy wheelchair is well recommended by several people.

https://www.allstarwheelchairs.com

All Star sells a few foldable lighter weight electric chairs (plus one scooter style). Note that some people with FSHD find scooters are more challenging to step up onto and step down when getting off. Also, reaching forward to operate the steering set up may aggravate weak shoulders.

https://www.rubiconmobility.com

This is another company which carries lighter weight power wheelchairs.

https://whill.inc

This firm has 3 models—-<u>Whill ci, Whill c2, & Whill f</u>. The latter is lighter weight and folds/ unfolds easily which is a handy feature for travel. The other two can be taken apart and the pieces can be put in a vehicle (by a person who doesn't have FSHD or a bad back etc). All three are very sleek looking and are especially recommended by owners as a good transitional wheelchair. These chairs can be operated by a lower type of joystick or an app.

Some other models to consider in this category include <u>Dash Ultra Lite</u>, <u>Pride's Jazzy Passport</u>, <u>or Elite ES</u>. These (and other models) can be found by doing a search on your computer.

Sit and Stand Wheelchairs

Wheelchairs that can move a person from a seated to standing position are a newer development in wheelchair design. They certainly look intriguing! As these are a relatively recent product, few people with FSHD have yet ordered one of these. Here are a few websites (and there are more than what is listed below) that share information on Sit and Stands:

(Note the first product below is not a wheelchair but can be fit in a wheelchair or used on a regular chair—-preferably with arms for people who have FSHD. It is a <u>portable</u> air cushion with an attached hand held control that is charged via a battery. The pillow can be stored in a carry bag. Check it out because it looks like a practical solution when standing up [from a seated position] starts to become a challenge. However, some people who have FSHD find that raise up seats which are higher at the back can cause them to lose their balance and fall forward). https://www.sitnstand.com/?

gclid+CjwKCAw586BhBrEiwAQYEnHRnaLtYs1NIwAHrz5Ubae70hPdiGG5Lnweg1LKQ-HjGKcxoC2cQQvD_BwE

www.sunrisemedical.ca Go to: Wheelchairs / QUICKIE / Standing Power Wheelchair

<u>www.numotion.com</u> Search for Complex Power Wheelchairs. The main page contains a good list of benefits for this type of wheelchair.

www.hub.permobil.com Search for <u>Permobil F5 Corpus VS</u>. As well as information about this sit-to-stand chair, check out "The Journey to Standing" which is a short video featuring a 14 year old teen (Landon) who has cerebral palsy and dis-use osteoporosis. Also on the Permobil site is a section (under wheelchairs then go to paediatric chairs) featuring 5 different wheelchairs for young children. One nifty looking model is the **Explorer Mini** (also has a video that's informative to view).

<u>Wheelchairs that offer better suspension & support for indoor use / sidewalks / shopping</u>

These types of chairs have more features for part-time or full-time use (which translates into a higher price range). Most have mid-wheel drive. There are many choices of models and sizes. Noting the measurements (and turning radius) of these wheelchairs is important depending on the inside spaces of one's home or work/employment places. Someone suggested creating a spreadsheet (ie types of wheelchairs plus various features) to make it easier to compare potential wheelchairs to purchase. A good hint!

https://www.magicmobility.com.au/wheelchairs/frontier-v6-compact-73-electric-wheelchair/

This website features displays a variety of wheelchairs—-some suitable for indoor use and others for outdoor use including some chairs for more off-roading riding. <u>Magic Mobility</u> <u>Frontier V6 Compact 73</u> was well recommended by one of our group members.

<u>https://www.amylior.com/?</u> Look at their <u>Alltrack M3Narrow</u> (for smaller spaces) plus other available models.

<u>https://www.quantumrehab.com</u> There are several i-level wheelchairs at this site including (for smaller spaces) the <u>Edge 3 Stretto</u>. Some of these have elevating seats.

<u>https://www.sunrisemedical.ca</u> features some mid-wheel power chairs with seat elevation such as <u>Quickie Q300M Mini plus</u> other models (including some paediatric chairs).

"Off-road" manual chairs

<u>https://www.gogrit.us/</u> The Grit freedom chair and other similar models, designed by MIT engineer, are considered a cross between a manual chair & a bicycle and are great for exploring the great outdoors! They would require a decent amount of shoulder strength to move them along. Several videos on this site.

gofreewheel.com/ With the addition of a gofreewheel, a manual chair becomes an off road wheelchair! Definitely worth checking out some of the videos such as Off Road Wheelchair (going through mud, a stream, and on a hiking trail) & Free Wheeling in the Snow.

notawheelchair.com/products/the-rig This off-road manual chair comes in both adult and kid sizes!

Websites that include both manual and motorized "off road" chairs

www.mountaintrike.com Products at this site include both manual and electric assist outdoor terrain tricycles for all ages!

trekinetic.com This is another company that produces a light weight 3 wheeled trike for adults and children. The GTE is a power chair and the K2 is a manual chair. Also on this site (for residents of the UK) is a website that assists people to apply for funding grants. Look for the link (on **trekinetic.com** site) called <u>Turn2Us</u>.

<u>https://trackzmobility.com/en/</u> Some business owners & engineers joined together to form this company. Their goal was to provide some more options for adults/children (who have mobility challenges) to be able to enjoy the great outdoors! This is a Canadian company (based in Quebec) that also lists a section with information about financial assistance. One can order a rain cover or mosquito net or even skis (for winter outside use) with <u>The Stroller</u> model.

"Off-road" motorized chairs

The following websites feature wheelchairs that can be driven off-road and into nature. They would also be a wheelchair of choice for getting about outside if living on a farm or acreage. A couple of people did caution that it's important to clean the wheels before parking especially if the chair has been in muddy areas. Dried, caked-on mud is time consuming to remove . . .

https://www.sunrisemedical.ca/power-wheelchairs/magic-mobility/4x4-all-terrain Also: https://www.magicmobility.comau/wheelchairs/frontier-v6

https://www.motionwheels.ch/wheelchair-genny-Mobility-on-the-base-of-segway.html

Segway Chair: <u>https://www.motionwheels.ch/wheelchair-genny-mobility-on-the-base-of-segway.html</u>

Terrain Hopper: <u>https://www.terrainhopper.com/</u>

outdoorextrememobility.com/all-terrain-power-wheelchair-the-nomad This site features two outdoor power wheelchairs—-the Nomad (for outdoor land locations/terrain) and the Beach Cruiser.

Transporting Wheelchairs of various types/sizes

Here are some comments & sites that offer choices for moving a larger sized wheelchair from one location to another!

"If you work at a job (ie away from home) you may qualify for financial help from a state program to help pay for an accessible van". (Also, if you are enrolled in post secondary studies, check to see if there are any financial programs to help fund a wheelchair for students who have mobility challenges).

"I recently bought a (<u>used</u>) wheelchair accessible van". This option can be very cost saving especially if the previous owner has service/repair records & the vehicle has had a thorough mechanical check ahead of buying it.

"Local governments are required to have a para transit service under the ADA. The quality/ availability may differ by municipality but in the US, your area should have one. (Some other countries have similar services). Often these services offer reduced prices for travel in a wheelchair taxi if needed.

<u>https://www.braunability.com</u> BraunAbility has locations in many countries around the world. (Note: the click on country feature didn't work when it was pressed). They have new and used vans for sale or to lease (with 20% down). Some locations have accessible vans available to rent (to try out ahead of purchasing or to book when traveling or if you are hosting a visitor who has a wheelchair etc). Lots of information at this site!

www.bruno.com

Click on Scooter Lifts (at top of page) and search for information & videos of Joey's platform lift, The Chariot and The Out-Sider (a hitch motorized lift). There are other wheelchair lifts to check out at this site. Note: there are weight limits for some of these lifts.

www.harmar.com

This site features a wide range of lifts—-hoist lifts and power lifts for chairs to go in or outside of vehicle. Lots of photos and also a great feature where one can type in the name/model of the wheelchair &/or vehicle name. The program then shares compatibility (or not) of chair with vehicle. Very helpful!

https://www.mobilityinnovations.com

Mobility Innovations is a company that distributes German Veigel products and Auto chair products (from England) within North America. In total, these products are available in 38 countries worldwide.

This is definitely a website to check out. They carry stowage hoists, a Smart Transfer Milford Person Lift and wheelchair transfer boards that provide a safe transfer of someone in and out of a vehicle. Other products include hand and foot controls, steering aids, and extension controls.

[Compiled May 2023 with thanks to many suggestions from Wellness Group members]