

Community Engagement

Enlarge

Engage

Empower

A photograph of a tunnel with stone walls and tracks leading to a bright light at the end. In the center, there is a large orange starburst graphic containing the text "Treatments for FSHD!".

**Treatments
for FSHD!**

Accelerate Research

Activate Community

Goals for our Chapter Program:

- Patient & Family Education & Empowerment
- Build Communities & Connectivity
- Fundraising



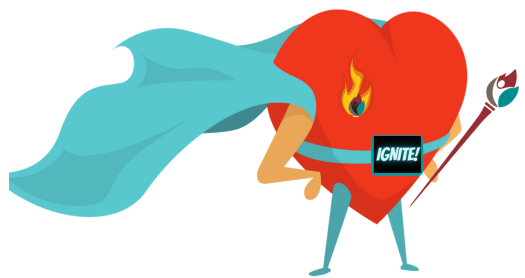
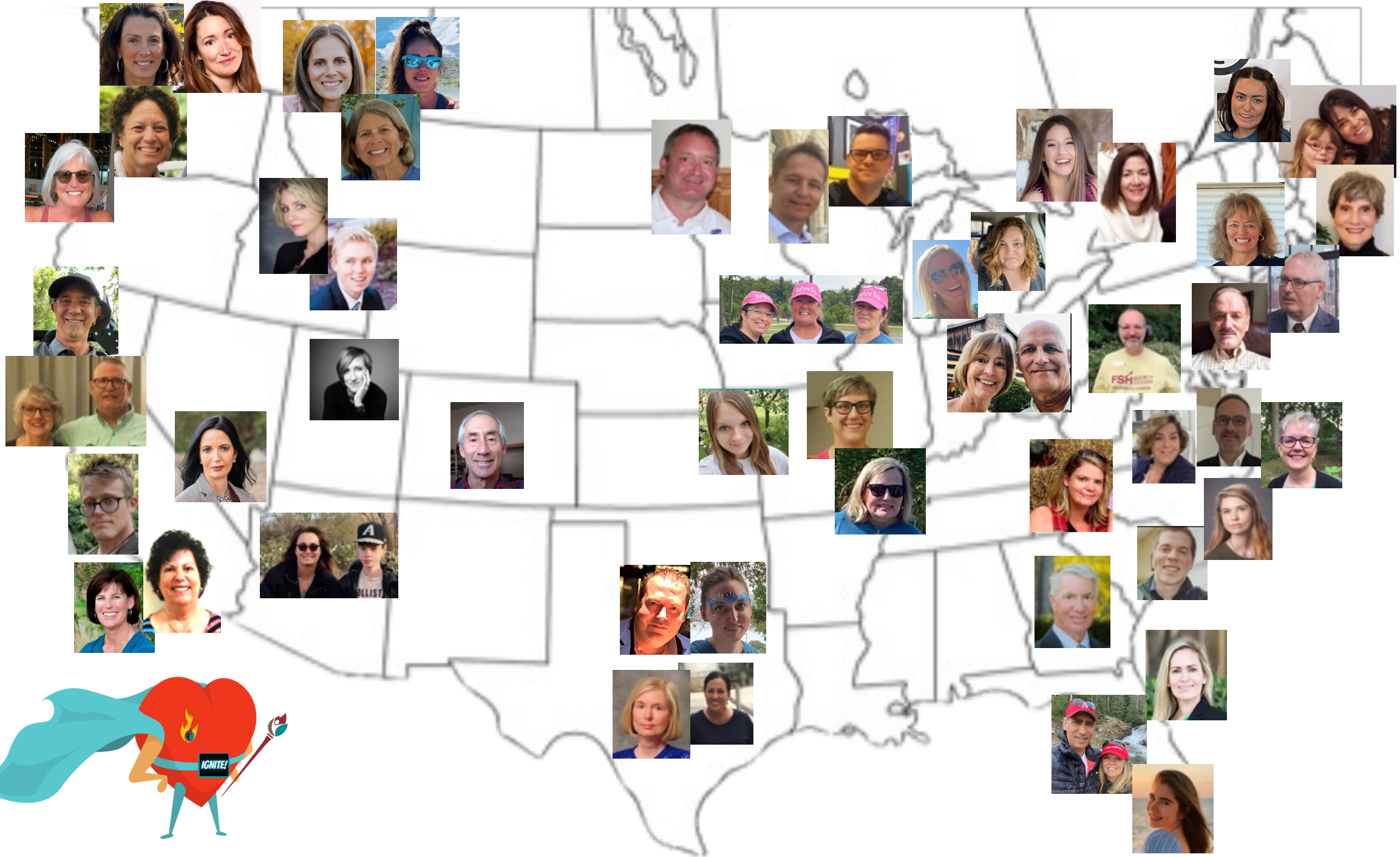
The fire inside people is like a match; the way to ignite that flame is initially through friction, then other matches are lit through warmth.

~ Stephen Covey



FSHD CANADA
FOUNDATION
Curing the #1 Form of Muscular Dystrophy

FSHD SOCIETY
CHAPTER PROGRAM



Stay involved with community events



The Gathering Place

Providing opportunities for people to share personal experiences and feelings, coping strategies, or firsthand information about living with FSHD.

- WELLNESS HOUR
- CARE PARTNER
- EARLY-ONSET PARENTS
- WOMEN ON WELLNESS
- YOUNG ADULTS
- FEELING FIT WITH FSHD
- FSHD RADIO
- FSHD ON SOCIAL
- FIND YOUR LOCAL CHAPTER
- FSHD COMMUNITY DISCORD SERVER



Upcoming Virtual Community Events

Visit our Event Calendar for ALL events!

<https://www.fshdsociety.org/fshd-events-calendar/>

- **March 18 – Young Adults**
- **March 19 – Early-Onset Parent Roundtable**
- **March 21 – FSHD University “Finding Reliable Information on the Internet”**
- **March 26 – CarePartner Hour**
- **March 28 – Feeling Fit with FSHD**
- **April 3 – Women on Wellness**
- **April 8 – Wellness Hour**
- **April 11 – Feeling Fit with FSHD**
- **April 15 – Young Adults – “Asserting Your Rights under the ADA”**
- **April 16 – Early-onset Parent Roundtable**
- **April 18 – FSHD University “Family Communication**



Meet your Chapter Co-Directors!

Jennifer Camarta &
Karen Camarta



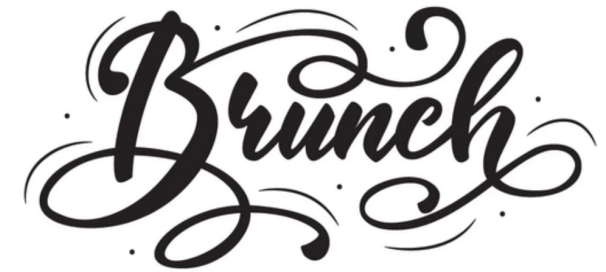
Our Mission

To build a strong community
of people affected by FSHD -
to support one another and
to advance treatments

Upcoming Local Events

April 21st

Community Brunch and
Informational Meeting
Edmonton | Details TBD



June 20th

World FSHD Day Gathering
Calgary | Details TBD




Alberta's Walk & Roll to Cure FSHD

Calgary: Saturday Sept 7th, 2024!

FSHD | CANADA
FOUNDATION

FSHD SOCIETY



 **MOVING CLOSER TO A CURE**

 **WALK & ROLL**
TO CURE FSHD

Call To Action!

FSHD Society Registry

Sign up to receive the Alberta Chapter newsletter, targeted research information, and more

Alberta Chapter Newsletter

Stay informed, take action, and RSVP to events

FSHD University

Educate yourself and become your own best advocate

The Gathering Place

Find your people and gain the strength of shared experiences

ICD-10 Classification Code

Confirm your FSHD diagnosis with a genetic test and ensure the FSHD-specific G71.02 code is on your file

Canadian Neuromuscular Disease Registry

Self-register at CNDR.org to advocate for further clinical trials and treatments within Canada

Muscular Dystrophy Canada Survey

Complete the BIND Study survey online, focused on the cost of living with FSHD in Canada

Facebook & Instagram

Follow FSHD Society and the Alberta Chapter for the most current information

Contact Information

Neil Camarta – FSHD Canada
Foundation: neil.camarta@fshd.ca

Karen & Jennifer Camarta – Alberta
Chapter Co-Directors:
AlbertaChapter@fshdsociety.org

Beth Johnston – FSHD Society:
Beth.Johnston@FSHDSociety.org



THANK YOU to our SPONSORS!



AVIDITY
BIOSCIENCES



Fulcrum
Therapeutics

THANK YOU!

