



Celebrating
our
Volunteer
Leaders!



A photograph of a tunnel with stone walls and a set of tracks leading towards a bright light at the far end. A red starburst graphic is centered in the middle of the tunnel.

**Treatments
for FSHD!**

Accelerate Research

Activate Community





The Gathering Place (S)

Providing opportunities for people to share personal experiences and feelings, coping strategies, or firsthand information about living with FSHD.

Wellness Hour

CarePartner Hour

**Early Onset
Parent Roundtable**

Women on Wellness



Feeling Fit with FSHD

Young Adults

**FSHD Straight Talk
Podcast**

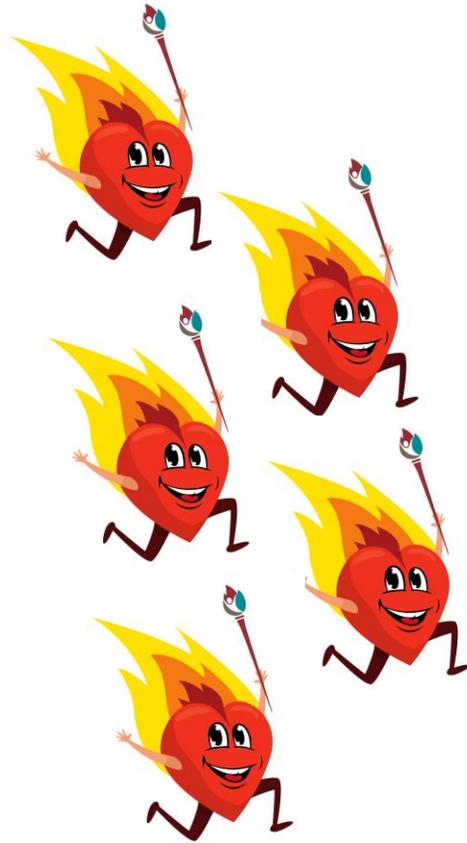


2024 Volunteer Leadership Summit



THANK YOU VOLUNTEER LEADERS!

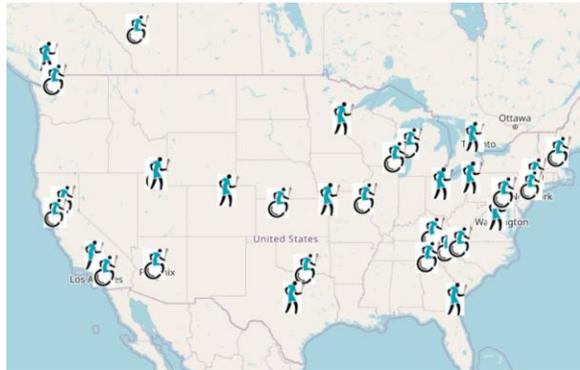






CALL TO
ACTION

Ways YOU can get involved:



2

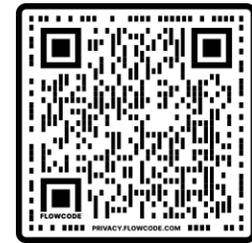


Ways YOU can get involved:

3



4



5



Ways YOU can get involved:

6



**FSHD
NAVIGATOR**



7

**WORLD
FSHD
DAY**

Unite to find a cure

June 20th



**2024
FSHD
CONNECT**



Find your Rope Team!



And the Winners Are....

MINGLE BINGO

V2

TIME TO GET TO KNOW ONE ANOTHER (AND START BUILDING YOUR ROPE TEAM)! SEE HOW MANY BOXES YOU CAN GET INITIALED BY THE END OF THE CONFERENCE.

THE FIRST FIVE PEOPLE TO FILL THEIR CARD WILL WIN A PRIZE!

Loves to play video games	Has lived in the Midwestern US	Is the oldest sibling	Loves to play baseball	Has served as a first responder
Has been married 30 years or longer	Was born in a foreign country	Has helped organize a Walk & Roll	Has participated in a clinical trial	Has worked at a school
Is an ice hockey fan	Has practiced Karate		Plays a musical instrument	Is shorter than 5'9
Has met a celebrity or politician	Has more than 1 genetic disorder	Is attending their first FSHD Connect conference	Has been on a cruise	Can draw, paint, or is crafty
Has visited or lived in a rainforest	Can fly an aircraft	Has a unique certification	Has purchased something odd online	Has more than 3 pets



MINGLE BINGO

V1

TIME TO GET TO KNOW ONE ANOTHER (AND START BUILDING YOUR ROPE TEAM)! SEE HOW MANY BOXES YOU CAN GET INITIALED BY THE END OF THE CONFERENCE.

THE FIRST FIVE PEOPLE TO FILL THEIR CARD WILL WIN A PRIZE!

Loves to play golf	Has lived on the East Coast	Has a sibling with FSHD	Loves to play tennis	Is a United States Veteran
Is a business owner	Has lived in a foreign country	Has gone to a Walk & Roll	Has participated in a clinical trial	Has driven a motorcycle
Graduated from a school in a foreign country	Has lived on the west coast		Has been to more than 10 concerts	Is 5'10 or taller
Has met a celebrity or politician	Can speak more than 1 language	Has a PhD	Has traveled to more than 15 states	Has been to an FSHD Connect conference before
Is a twin	Can sail a boat	Is the oldest sibling	Has an orange slice tattoo	Has or had a non-traditional pet (duck, pig, etc.)



2024 FSHD CONNECT



THANK YOU!



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2024
**FSHD
CONNECT**