



PARTICIPANTS NEEDED FOR RESEARCH STUDY:

Dietary Protein Requirements in Adults with Facioscapulohumeral Muscular Dystrophy

WHO CAN PARTICIPATE?

**We are seeking males and females between the
ages of 26 to 55 years old who have been
diagnosed with FSHD**

WHAT IS REQUIRED TO PARTICIPATE?



Screening Session 1 (1.5 h)

- Introduction
- Consent Form
- Medical questionnaire
- 3-Day Food Diary
- 3-Day Activity Diary

Session 2 (~3 h)

- Body Composition
Testing
- Resting energy
expenditure testing

Sessions 3-9 (~9 h)

- 2-Day Diet
- Protein Ingestion
- Breath Samples
- Urine Samples

Participants will be compensated for their participation

HAVE QUESTIONS OR REQUIRE MORE INFORMATION?

Please feel free to contact the study coordinator **Arianne Zabbal**

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